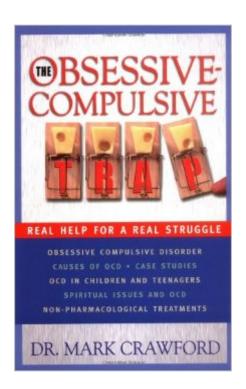
The book was found

The Obsessive Compulsive Trap: Real Help For A Real Struggle





Synopsis

"The Obsessive-Compulsive Trap" is a down-to-earth and informative resource on obsessive-compulsive disorder from a solid Christian perspective. Dr. Mark Crawford teaches how to diagnose OCD and describes the effects it has on more than 120 million people worldwide. Drawing from an expansively clinical background, he illustrates each chapter with clear examples of how men, women and children have found real solutions for dealing with OCD. It's time to get informed and start making changes in society's skewed understanding of this shattering disorder.Â

Book Information

Paperback: 168 pages

Publisher: Regal; Revised edition (June 1, 2004)

Language: English

ISBN-10: 0830734899

ISBN-13: 978-0830734894

Product Dimensions: 8 x 5.2 x 0.5 inches

Shipping Weight: 6.4 ounces

Average Customer Review: 5.0 out of 5 stars Â See all reviews (10 customer reviews)

Best Sellers Rank: #959,835 in Books (See Top 100 in Books) #119 in Books > Health, Fitness &

Dieting > Addiction & Recovery > Obsessive Compulsive Disorder (OCD) #759 in Books >

Health, Fitness & Dieting > Mental Health > Mood Disorders #851 in Books > Health, Fitness &

Dieting > Mental Health > Compulsive Behavior

Customer Reviews

Our 15 year-old daughter was recently diagnosed with ocd. My husband and I have read every article we could find as well as several books. Dr. Crawford's is by far the most informative book we've read while writing in a language we could understand. Offers real hope and encouragement while acknowleding there may be a long road ahead. We constantly refer back to it.

The Obsessive Compulsive Trap clearly defines OCD and its treatment. It is written from a Christian perspective but is not at all preachy. The information would be helpful for people of any faith. Family members and therapists will also find it quite helpful. I wish I had such a book when I first started my recovery from OCD.

I read Dr. Crawford's book while going through a particularly difficult struggle with a form of OCD

called "Pure O", which centered on very distressing themes concerning my faith in Jesus Christ. Dr. Crawford's book provided the affirmation that I needed to see this struggle as a valid and very distressing illness. But beyond that, his book gave me so much insight and direction as to how I could begin my own journey of recovery. Christian's who suffer from OCD nearly always face the added insult and injury of wrong headed accusations that they are to blame for their illness either due to a lack of faith or the "sin" of fear. Dr. Crawford dispels that notion immediately with clarity and medical scientific proof and reasoning. The first step toward recovery for the OCD sufferer is to acknowledge their OCD as an illness rather than a spiritual problem or character flaw. I am so thankful for Dr. Crawford and the work he is doing to educate the Christian community in regard to OCD. So I just want to say thank you to Dr. Crawford for speaking up on behalf of those who suffer from OCD. The difference that his book is making is to provide an education that spurs compassion and empathy rather than judgement and condemnation. From: Mitzi VanCleve, Author of: Strivings Within, Christianity OCD and Me.

Excellent, informative book that gives great examples and offers great hope to those suffering from this disorder. It is also very helpful for families as we all work towards understanding.

This was a great book that provides a great foundation for understanding. I loved how dr. Crawford laced in scripture into his treatments and the book.

Download to continue reading...

Obsessive Compulsive Disorder: Obsessive Compulsive Disorder OCD Guide To Overcoming
Obsessive Compulsive Disorder And Obsessive Compulsive Disorder OCD ... Guide To OCD
Treatment And Recovery) The Obsessive Compulsive Trap: Real Help for a Real Struggle OCD:
Take CONTROL of Obsessive-Compulsive Behavior for good!: A guide to how to free yourself from
Obsessive Compulsive Disorder (OCD). (OCD, Obsessive ... Brain Lock, Delivered from Distraction)
Obsessive Compulsive Anonymous: Recovering From Obsessive Compulsive Disorder Living with
Anxiety and an Obsessive Compulsive Partner (OCD, Mental Illness, Anixety, Depression, ERP,
Obsessive Compulsive Disorder) Self Help: How To Live In The Present Moment (Self help, Self
help books, Self help books for women, Anxiety self help, Self help relationships, Present Moment,
Be Happy Book 1) When a Family Member Has OCD: Mindfulness and Cognitive Behavioral Skills
to Help Families Affected by Obsessive-Compulsive Disorder Hoarding: Help For Families Dealing
With Obsessive Hoarding, Collecting and Clutter: (Treatments for Compulsive Acquiring, Saving and
Hoarding - Accumulating things) (Life Psychology Series Book 2) Anxiety Disorders: The REAL

Truth, Causes and Cures. Panic Disorder, Obsessive Compulsive Disorder (OCD), Generalized Anxiety Disorder (GAD), Post-Traumatic Stress Disorder (PTSD), Social Anxiety The OCD Workbook: Your Guide to Breaking Free from Obsessive-Compulsive Disorder Brain Lock: Free Yourself from Obsessive-Compulsive Behavior Freedom from Obsessive Compulsive Disorder: A Personalized Recovery Program for Living with Uncertainty, Updated Edition Brain Lock, Twentieth Anniversary Edition: Free Yourself from Obsessive-Compulsive Behavior Obsessions, Rituals and Wasted Time: Living with Obsessive Compulsive Disorder and Waiting for God to Come to the Rescue Everything in Its Place: My Trials and Triumphs with Obsessive Compulsive Disorder Personality Disorders:The Ultimate Personality Disorder Guide 2nd Edition - Giving You Clarity, Helping You Move Forward (personality disorders, mental ... Obsessive Compulsive Disorder Book 1) Hope Is on Your Side: A Motivational Journal for Those Affected by Obsessive-compulsive Disorder Obsessive-Compulsive Disorders: A Complete Guide to Getting Well and Staying Well Overcoming Obsessive-Compulsive Disorder - Client Manual (Best Practices for Therapy) Bodola Loves Chips & Pop: Understanding the mind of parents and children who exist with Autism, ADHD, Downs Syndrome and other (Obsessive Compulsive) Neurological disorders

Dmca